

Dr. Greer Ezrine and Laura Greenberg, LCSW invite you to join a

Parent Coaching Group

What You Need to Know

We are forming Parent Coaching Groups to support moms and dads of kids (Pre-K through 12th grade) who have learning, attention, behavioral, and/or social-emotional challenges.

We're bringing together parents dealing with similar issues to share their journeys and their hard-won expertise, to build a network of social support, and to learn about resources and strategies to become more empowered and knowledgeable in handling the behavioral and relationship demands such families face.

Group sessions will be informative, supportive, and non-judgmental and will encourage using self-compassion and humor to cope with parenting challenges.



When? **Eight 90-minute weekly (or bi-weekly) sessions.** Please note our exact schedule will be determined based upon the scheduling needs of participants. Let us know what days/times work best for you!

Where? **Dream Big Center for Learning & Development - 11805 Northfall Lane, Suite 803, Alpharetta, 30009**

Cost? **\$60 per session (\$90 for couples); 6-week commitment required**

Topics? We will attempt to group parents by developmental stage (preschool, elementary, middle, high). We will address topics and teach skills based upon the interests of the group. For example, topics may include navigating school and community-based services, positive discipline, promoting resilience and self-esteem, dealing with challenging behavior, relationship difficulties, communication strategies, building social and emotional competence, and self-care.

For more information and to register, please contact us at 404-702-2524 or drgreerezrine@icloud.com. Please visit us online at dreambigcld.com.

About Dream Big Center for Learning & Development

We are a group of independent mental health and education professionals who are passionate about working with kids and their families. No matter the challenge, we believe that with the right information, guidance, and support, you can DREAM BIG for your child. In a comfortable and supportive atmosphere, we provide comprehensive assessment, treatment, and consultation services to assist with a wide range of issues and needs.